# FROM HIGH SCHOOL TO HIGHER ED: EQUIPPING COUNSELORS FOR STUDENT SUCCESS

By: Dr. Lamb & Dr. Peacock

# INTRODUCTION OF PRESENTERS: DR. LAMB



I am a first-generation college graduate with over 20 years of experience in public education, serving as a high school counselor, classroom teacher, and Family and Community Engagement Coordinator. I have guided students in goal setting for employment and college preparation while contributing as a Student Assistance Program (SAP) team member. Additionally am the co-author of the Unpacking the PA Culturally Relevant Sustaining Education Competencies.

## INTRODUCTION OF PRESENTERS: DR. PEACOCK



I am a first-generation college student. I posses 10 years of experience in higher education and 15 years of expertise in community engagement. Throughout my career, I have held various roles in higher education, including undergraduate admissions, academic support services, the development of a college access initiative, and diversity and civic engagement programming. Currently, I serve on National Advisory committee member for College Board.

- Quizizz game
- Review of research
- Strategies for counselors
- Student Centered Model
- Survey
- ₽ Q&A

# **AGENDA**

# QUIZIZZ

https://quizizz.com/join?gc=25464072



# **OBJECTIVES**

- 1. Equip counselors with strategies to effectively guide students through a variety of post-graduation paths.
- 2. Enhance counselors' awareness and knowledge of resources available to support all students, ensuring equitable practices are implemented for every student.

# WHY ARE HIGH SCHOOL COUNSELORS SO IMPORTANT?

For many students from low-income, underrepresented minority, or first-generation, the school counselor constitutes a major and sometimes, only source of information about college.



Achievement gaps between racial groups, with white students consistently scoring higher than their Black and Latino peers on AP exams (Ewing & Wyatt, 2023).

# NATIONAL STUDENT INSIGHTS



Access to rigorous coursework is affected by racial and ethnic disparities (ACA, 2022).



Recent statistics also indicate that graduation rates for Black, Latino and Indigenous students are below the U.S. average and lower than those of white students (NCES, 2023)



62% of PA high school graduates chose college in 2017 and 55% in 2022

# PA DATA



PA is projected to see more than a 17%, or 24,000 student decline in high school graduates from 2023 to 2041



PA reported a four year high school graduation rate of 87% ranking 22nd nationally in 2021-2022 school year

## STUDENT CENTERED MODEL

A student-centered approach ensures that every learner receives the support they need to succeed academically, emotionally, and professionally. This model includes the following key components:

#### **Core Components**

- 1. **Social and Emotional Support** Prioritizing student well-being through counseling, peer support, and mental health resources.
- **2. Academic Advising** Providing guidance on course selection, academic goals, and career pathways.
- 3. Implementing Collaborative College Access Measures Creating partnerships to improve access to higher education opportunities.
- **4. Career Planning** Offering career exploration, internships, and mentorship programs.
- 5. Family Collaboration Engaging families to provide essential resources and support tailored to student needs.
- **6. College Preparation** Assisting students with applications, financial aid, and readiness programs.
- 7. Ongoing Communication & Active Listening Maintaining open dialogue between students, educators, and advisors.
- 8. **Data-Driven Decision Making** Using analytics to identify and address achievement gaps effectively.

# STUDENT CENTERED APPROACH

#### Counselor Role

 Facilitate individual and small group counseling to students

#### Student Role

- Discover interests, strengths, financial needs, and potential challenges
- Outline actionable post-graduation plans that align with their goals
- Evaluate options such as financial aid opportunities, trade schools, entrepreneurship, and college admissions processes
- Ask questions and Engage with with peers

# STUDENT CENTERED APPROACH

#### Counselor Role

Expand students'
 awareness of various
 pathways, such as trade
 schools, community
 colleges, and
 entrepreneurial
 opportunities

#### Student Role

- Explore different post-graduation options, such as trade schools, community colleges, workforce opportunities, and entrepreneurship
- Compare the benefits, costs, and time commitments of various pathways
- **Identify** potential career opportunities
- Investigate local and regional programs for opportunities for a multi track pathway
- Develop a personalized pathway plan that reflects their aspirations and long-term goals

#### **SELF DISCOVERY**

Interest Goals Strengths Skills Values

#### **CAREER OPTIONS**

Likes Dislikes Career Interests

#### CAREER DISCOVERY

Trade, college, military, internship, certification, license

### PERSONALIZE CAREER PLAN

Trade →
Community
College →
Entrepreneurship

# PERSONAL SUCCESS OUTCOME

Cosmetology →
Business
Degree →
Salon/Barbershop

# SUPPORTING STUDENTS WITH MULTIPLE PATHWAYS TO SUCCESS

# Examples- STUDENT PATHWAY BLUEPRINT

Trade/High School → Community College → Entrepreneurship	A student learns <b>cosmetology</b> at a trade school, earns a <b>business degree</b> at a community college, and later <b>opens a salon/barbershop</b> .	<ul> <li>Hairstylist/Barber</li> <li>Nail technician</li> <li>Project manager</li> <li>Administrative Assistant</li> <li>Human Resources</li> </ul>
College → Workforce→ Career Advancement	A student earns a degree in nursing, works in a hospital setting, and later specializes in nurse practitioner or hospital administration.	<ul> <li>Home health care</li> <li>Travel Nurse</li> <li>Clinical Researcher</li> <li>Medical Writer</li> <li>ER Nurse</li> </ul>
Community College→Workforce→Colleg e	Physical Therapy Assistant (PTA), gain work experience while attending school to earn Doctor of Physical Therapy - DPT	<ul> <li>Rehabilitation Assistant</li> <li>Sports and Fitness Clinics</li> <li>Consultant</li> <li>Personal Fitness</li> <li>Director of Rehabilitation</li> </ul>

#### STRATEGIES FOR ENHANCING COLLEGE READINESS & ACCESS

- Build and foster a school-wide culture that promotes and supports college readiness.
- Parental involvement has been linked with a number of factors that lead to academic success and better educational outcomes
- 3. Academic planning for career & college readiness
- 4. College and career application and admission process
- 5. College and career assessments
- 6. College affordability planning
- 7. Faculty and administration involvement
- 8. Community & college partnerships

# RESOURCES AVAILABLE IN PA

School-to-Work
Transition Services

Career Ready PA

Pennsylvania
Higher Education
Assistance
Agency (PHEAA)

Pennsylvania State Grant Program

Pennsylvania Secondary Transition Assessment

Career and Technical Education (CTE) Pennsylvania
Association for
College Admission
Counseling

# TAKEAWAYS

- Foster EarlyEngagement andCareer Exploration
- College and career-multiple pathways

# PLEASE COMPLETE THE SURVEY!

https://forms.gle/Pcd3piduZhhTzMZU9



# Q&A



Please visit our website at https://thrivingthroughtransformation.com to schedule a consultation.



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