



College and Career Readiness Counseling in Schools

College Success Forum
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Pennsylvania
Department of Education

Presenters

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Objectives

- Explore the key historical aspects of school counseling
- Discuss legislative impacts on school counseling
- Review the ASCA National Model and additional resources
- Review the multi-tiered system of supports as it relates to college/career counseling



Historical Highlights

Early 1900s: The Industrial Revolution spurred the creation of vocational guidance.

1946: The Vocational Education Act was passed in Washington, D.C. provided funding for supervision, counselor education, research and salary reimbursement to counselors and supervisors.

2015: Every Student Succeeds Act: "All students prepared to be college, career and life ready." (pa.gov)

2018: Act 158 was passed in PA, which allowed for alternate methods for demonstrating postsecondary readiness.



American School Counselor Association (ASCA)

1952 – ASCA founded, supporting school counselors – the exemplar resource and support network for school counselors

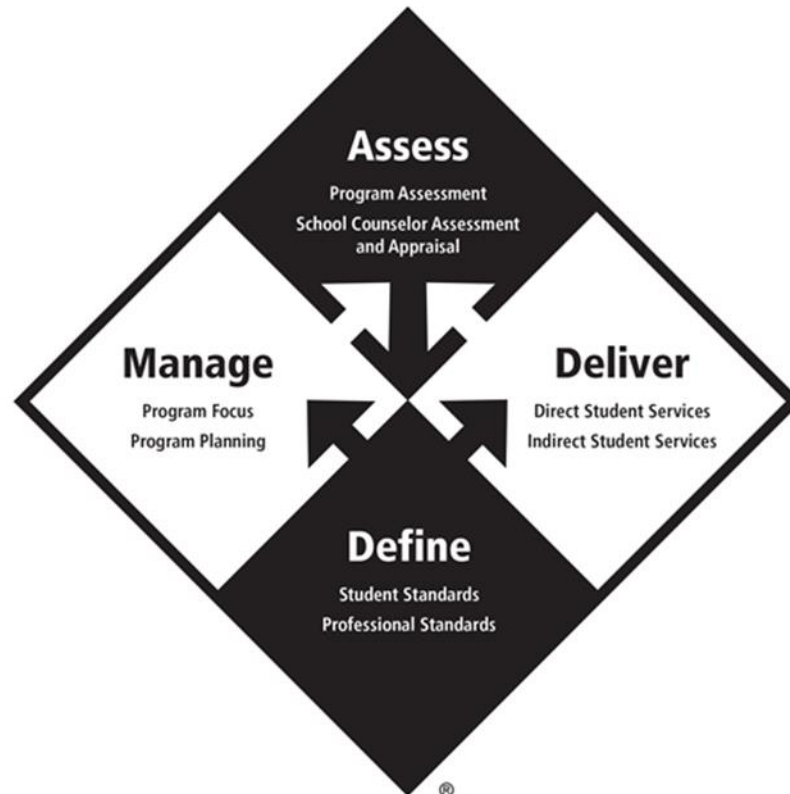
Key resources supporting college and career readiness

ASCA National Model: A Framework for School Counseling Programs (Define, Manage, Deliver and Assess)

ASCA Student Standards: Mindsets and Behaviors for Student Success (describes the knowledge, skills and attitudes students need to achieve success and development)



▶ ASCA National Model



ASCA Resources

- School counselors "serve as a guide for the ethical practices of all individuals serving in a school counseling capacity...regardless of grade level, geographic region, population served or ASCA membership."
- "Every student can learn and succeed, graduate from high school prepared for postsecondary opportunities;...school counseling programs promote and enhance student academic, career and social/emotional outcomes."



▶ Multi-Tiered System of Supports

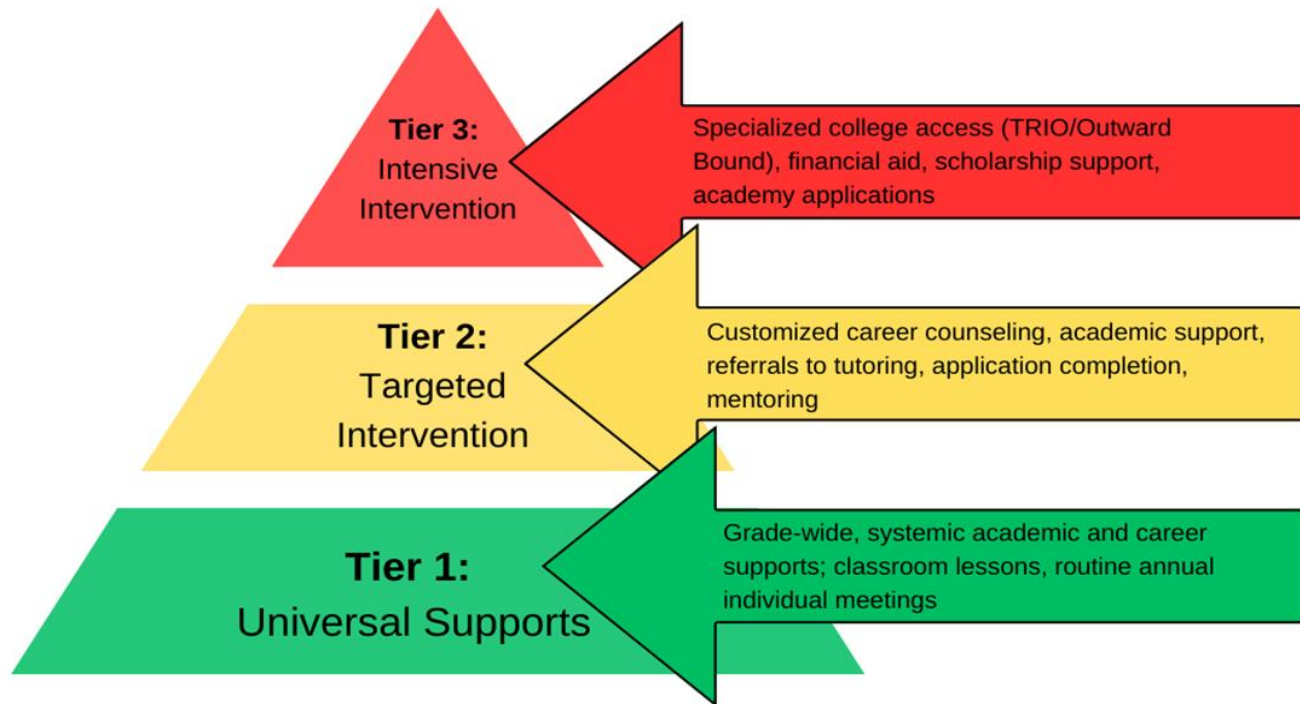
- Tier 1 – Primary/Universal Supports
- Tier 2 – Secondary/Targeted Supports
- Tier 3 – Tertiary/Intensive Supports

- MTSS Framework endeavors to meet the needs of all students. This proactive practice allows comprehensive school counseling programs to work from a platform of equity and access to postsecondary planning and outcomes for every students.

- School Counselor Role



▶ MTSS Triangle-College/Career Readiness Lens



College/Career Readiness and MTSS Synthesis

- Benefits for Students and School Counselors
- Academic Needs
- Social-Emotional Needs
- Career Needs
- Social Justice/Equity
- Proactive Programming



► Tier 1 Programming: Grade 9

Focus Areas	Activities/Interventions
<p>Foundation building: Ninth grade students must build the academic and career foundation which may serve as a springboard for future college and career planning.</p>	<ul style="list-style-type: none">• Introduction to 4-year academic planning and course selection• Assessment of student’s strengths, interests and values• Career exploration• Introduction to employability skills• Matching extracurricular activities to career interests• Host a scheduling/academic program overview event for parents/caregivers that demonstrates the four-year academic and career plan and provides an overview of academic and career opportunities, requirements (military, NCAA, etc.).



► Tier 1 Programming: Grade 10

Focus Areas	Activities/Interventions
<p>Exploration and planning: As students move into 10th grade, there is a shift to a deeper dive into exploration and planning. School counselors support students as they identify potential career pathways and make connections to the matching postsecondary pathway as students refine their academic and career goals.</p>	<ul style="list-style-type: none">• Setting academic and career goals• Career and college options exploration• Review and update academic plan• Host a scheduling/academic program overview event for parents/caregivers that demonstrates the four-year academic and career plan and provides an overview of academic and career opportunities, requirements (military, NCAA, etc.)• Introduce standardized college admission testing and test preparation• Introduce financial planning for college



► Tier 1 Programming: Grade 11

Focus Areas	Activities/Interventions
<p>College and career planning: The junior year is a critical time for both college and career planning. School counselors will guide the development of a student's personalized postsecondary plan. This plan will include standardized admission testing preparation, college list solidification, and planning a timeline for college and financial aid applications. School counselors will also work with students in providing support for job shadowing, internships, and other experiential learning opportunities.</p>	<ul style="list-style-type: none">• Standardized admission test preparation (PSAT, SAT, ACT)• Resume building and interviewing skills• Matching career interests to postsecondary plan• College searching, producing a school list• Identifying financial aid opportunities• Creating a college application timeline• Host a scheduling/academic program overview event for parents/caregivers that demonstrates the four-year academic and career plan and provides an overview and demonstrate resources related to postsecondary planning and acquisition

► Tier 1 Programming: Grade 12

Focus Areas	Activities/Interventions
<p>Finalizing postsecondary plans and transition: School counselors play a critical role in facilitating the postsecondary process. In the senior year students will be finalizing postsecondary plans and securing access to education and training.</p>	<ul style="list-style-type: none">• Completing and submitting college applications• Completing the Free Application for Federal Student Aid (FAFSA)• Decision-making regarding college acceptance• Transition planning (high school to college)• Host a scheduling/academic program overview event for parents and caregivers that demonstrates the outcome of the academic progress to date; provide an overview and demonstrate resources related to postsecondary planning and acquisition, including required paperwork, processes (FERPA release, transcript requests)• Hold college/career specific events including financial aid, college selection, trades events, college fair for students and parents/caregivers• Host individual meetings with parents/caregivers to address student-specific questions and needs and facilitate the application process as needed

Activity

- [Mentimeter](#)



Discussion Questions

- When considering your comprehensive school counseling program, how do you embed Tier 2 or 3 interventions related to college and career readiness?
- How have graduation pathways influenced your college/career interventions? What opportunities are presented?



Contact/Mission

For more information on college and career readiness counseling, please visit PDE's website at www.education.pa.gov

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